

Thursday, 11th May
Hotel Radisson Blu

Pre-conference symposia

8.00-9.00 **Registration**

Medications and breastfeeding symposium

9.00-11.00	Session 1
9.00-9.30	Ivana Mudnić (Cro) The pharmacology of breastfeeding
9.30-10.45	Thomas Hale (USA) Transfer of drugs into human milk. Antibiotics, antidepressants, and other popular drugs
10.45-11.00	Q & As
11.00-11.30	Morning tea

IYCF indicators symposium

Session 1 & Session 2, Moderators: Nigel Rollins (Swi) Adriano Cattaneo (Ita)
Introduction: objectives and schedule
Session 1: Updated WHO indicators
Session 2: Definitions of IYCF practices

11.30-13.00	Session 2
11.30.-12.00	Lara Tauritz-Bakker (Ndl) Galactagogues & non-pharmacological methods for increasing milk supply
12.00-12.30	Katrina Mitchel (USA) Use of radiological substances, anaesthesia and analgesia during breastfeeding
12.30-13.00	Viktorija Erdeljić Turk (Cro) Antiepileptics and breastfeeding
13.00-13.15	Q & As
13.15-14.00	Lunch
14.00-15.30	Session 3, PANEL DISCUSSION (all speakers)

Session 3 & 4
Session 3: Methods for collection of IYCF data
Session 4: Using the indicators for IYCF policies, practices and research

How to advise mothers on taking medications while breastfeeding?
 - types of available services
 - reliable sources of information on breastfeeding and medications
 - what if recommendations differ?

What next?

15.30-17.00 **Break**

17.00-19.00 **Opening Ceremony ABM Regional Conference**

Irena Zakarija-Grkovic, Conference Chair (Cro)

Local dignitaries

Welcome address

Ann Kellams, President ABM, (USA) **Breastfeeding medicine: past, present and future**

Elien Rouw, President EABM (Ger) **The European Association of Breastfeeding Medicine**

Cultural event

19.00-21.00 **Welcome reception**

Friday, 12th May

Hotel Radisson Blu

ABM Regional Conference

8.00-9.00 Registration

PLENARY ROOM

BREAKOUT ROOM

9.00-10.45

Session 1: A good start

9.00-9.45

Nils Bergman (Swe)
Skin-to-skin contact: essential nurturing

9.45-10.15

Laura Travan (Ita)
Biological nurturing: the solution to breastfeeding difficulties?

10.15-10.45

Ingrid Nilsson (Den)
The role of self-efficacy in the first week postpartum

10.45-11.15

Morning tea

11.15-13.00

Session 2: Training of health professionals

11.15-11.45

Charlotte Wright (Sco) **Giving the doctors of the future the skills they need to support breastfeeding**

11.45-12.05

Elien Rouw (Ger) **The updated WHO model chapter on infant and young child feeding**

12.05-12.35

Emanuelle Pessa Valente (Ita) **Problem-based learning for in-service breastfeeding training**

12.35-13.00

Robyn Powell (Ire) **The Power of Peer Support: A Story of Culture Change**

13.00-14.00

Lunch and posters

14.00-15.30

Concurrent sessions

Session A

The magic of breastfeeding

Thomas Hale (USA) **Endocannabinoids and Human Milk. Why are they in milk?**

Livio Provenzi (Ita) **Toward a culture of frailty: time to translate psychobiology of stress to neonatal care settings**

Evgen Benedik (Slo) **Forgotten arachidonic acid in human milk: results of the Slovenian 'My Milk' study**

Selected abstracts (6)

Session B

Short oral presentations

15.30-16.00

Afternoon tea

16.00-17.30

PANEL DISCUSSION A

Inflammatory breast diseases

- Monica Pina (Por)
- Katrina Mitchell (USA)
- Pamela Douglas (Aus)

17.30-19.00

Break (tour of Old town)

19.30

Conference dinner

Saturday, 13th May

Hotel Radisson Blu

8.00-9.00 Breakfast with the experts

PLENARY ROOM

BREAKOUT ROOM

9.00-10.45

Session 1: BFHI and COVID-19

9.00-9.45

Maria Teresa Hernandez Aguilar (Spa) **The effect of COVID-19 on BFHI good practices of perinatal care**

9.45-10.15

Anita Pavicic Bosnjak (Cro) **Neo-BFHI implementation during COVID-19**

10.15-10.45

Vasiliki Benetou (Gre) **Lessons learned during the pandemic**

10.45-11.15

Morning tea

11.15-13.00

Session 2: Breastfeeding support

11.15-12.00

Jack Newman (Can) **Numbers "on demand": how numbers and breastfeeding do not work**

12.00-12.30

Irena Zakarija-Grkovic (Cro) **Breastfeeding support in the hospital**

12.30-13.00

Michal Mansovsky, **Physicians supporting physicians: virtual consultations**

13.00-14.00

Lunch and posters

14.00-15.30

Concurrent sessions

Session A

Economics and inequalities of breastfeeding

- Julie Smith (Aus)
- Helen Gray (UK)
- Monica Pina (Por)

Session B

Short oral presentations

Selected abstracts (6)

15.30 - 16.00

Afternoon tea

16.00-17.30

PANEL DISCUSSION B

16.00-16.20

Marketing strategies and counterstrategies
Melissa Mialon (Fra) **The political influence of the baby food industry and the role of conflicts of interests**

16.20-16.40

Nigel Rollins (Swi) **Marketing of breast milk substitutes: how to capture parents, communities, science and policy**

16.40-16.55

Adriano Cattaneo (Ita) **The state of the Code and the EU regulations in Europe**

16.55-17.15

Questions (previously submitted and/or extemporary) and answers

17.15-17.30

Final remarks by Melissa Mialon, Nigel Rollins and Adriano Cattaneo

17.30-18.00

Conference Closure and Farewell