

Thursday, 11th May

Hotel Radisson Blu

Pre-conference symposia

8.00-9.00 Registration

Medications and breastfeeding symposium

9.00-11.00	Session 1, Moderators: Milan Stanojević (CRO) Michal Mansovsky (ISR) Lara Tauritz Bakker (NDL)
9.00-9.30	Ivana Mudnić (CRO) The pharmacology of breastfeeding
9.30-10.45	Thomas Hale (USA) Transfer of drugs into human milk. Antibiotics, antidepressants, and other popular drugs
10.45-11.00	Q & As
11.00-11.30	Morning tea

IYCF indicators symposium

Session 1, Moderators: Nigel Rollins (SWI) Adriano Cattaneo (ITA)
Adriano Cattaneo (ITA) Introduction: objectives and schedule
Nigel Rollins (SWI) Updated WHO indicators Definitions of IYCF practices

11.30-13.00	Session 2, Moderators: Milan Stanojević (CRO) Michal Mansovsky (ISR)
11.30.-12.00	Lara Tauritz Bakker (NDL) Galactagogues & non-pharmacological methods for increasing milk supply
12.00-12.30	Katrina Mitchel (USA) Use of radiological substances, anaesthesia and analgesia during breastfeeding
12.30-13.00	Viktorija Erdeljić Turk (CRO) Antiepileptics and breastfeeding
13.00-13.15	Q & As
13.15-14.00	Lunch
14.00-15.30	Session 3, PANEL DISCUSSION (all speakers) Moderators: Lara Tauritz Bakker (NDL) Michal Mansovsky (ISR) How to advise mothers on taking medications while breastfeeding? - types of available services - reliable sources of information on breastfeeding and medications - what if recommendations differ?

Session 2 Moderators: Nigel Rollins (SWI) Adriano Cattaneo (ITA)
Adriano Cattaneo (ITA) Methods for collection of IYCF data Using the indicators for IYCF policies, practices and research
Session 3 Moderators: Nigel Rollins (SWI) Adriano Cattaneo (ITA) Julianne Williams (UK) What next? Individual country presentations

15.30-17.00	Break
15.45-16.30	Public Meeting of the European Association of Breastfeeding Medicine
17.00-19.00	Opening Ceremony ABM Regional Conference Irena Zakarija-Grkovic, Conference Chair (CRO) Local dignitaries Welcome address Ann Kellams, President ABM, (USA) Breastfeeding medicine: past, present and future Elien Rouw, President EABM (GER) The European Association of Breastfeeding Medicine Cultural event
19.00-20.00	Welcome reception

Friday, 12th May

Hotel Radisson Blu

ABM Regional

8.00-9.00 Registration

PLENARY ROOM

BREAKOUT ROOM

9.00-10.45	Session 1: A good start Moderators: Andreja Tekauc Golob (SLO) Adriano Cattaneo (ITA)	
9.00-9.45	Nils Bergman (SWE) Skin-to-skin contact: essential nurturing	
9.45-10.15	Laura Travan (ITA) Biological nurturing: the solution to breastfeeding difficulties?	
10.15-10.45	Ingrid Nilsson (DEN) The role of self-efficacy in the first week postpartum	
10.45-11.15	Morning tea	
11.15-13.00	Session 2: Training of health professionals Moderators: Monica Pina (POR) Michal Mansovsky (ISR)	
11.15-11.45	Charlotte Wright (SCO) Giving the doctors of the future the skills they need to support breastfeeding	
11.45-12.05	Elien Rouw (GER) The updated WHO model chapter on infant and young child feeding	
12.05-12.35	Emanuelle Pessa Valente (ITA) Problem-based learning for in-service breastfeeding training	
12.35-13.00	Robyn Powell (IRE) The Power of Peer Support: A Story of Culture Change	
13.00-14.00	Lunch and posters	
14.00-15.30	Concurrent sessions Moderators: Anita Pavičić Bošnjak (CRO) Reet Raukas (EST)	Moderators: Lara Tauritz Bakker (NDL) Adriano Cattaneo (ITA)
	Session A The magic of breastfeeding Thomas Hale (USA) Endocannabinoids and Human Milk. Why are they in milk?	Session B Short oral presentations Ilana Levene (UK) Systematic Review and Meta-analysis of the effect of relaxation interventions on breastmilk quantity and maternal mental health Irena Zakarija-Grković (CRO) Maternal physical health and breastfeeding problems in Croatia: national online survey of new mothers
	Livio Provenzi (ITA) Toward a culture of frailty: time to translate psychobiology of stress to neonatal care settings	Karolina Morze (POL) Finding a path in a maze. Identification of an adverse reaction during lactation based on a case study of ergotamine. An Eerdeken (BEL) What is known about cow's milk protein allergy in preterm infants?
	Evgen Benedik (SLO) Forgotten arachidonic acid in human milk: results of the Slovenian 'My Milk' study	Emanuelle Pessa Valente (ITA) Breastfeeding experiences during hospitalization for childbirth among migrant versus non-migrant women: preliminary results of the IMAGiNE study in Italy Stefano Bembich (ITA) A neural window on a primitive relationship the cerebral synchronization between mothers and their newborns during breastfeeding
15.30-16.00	Afternoon tea	
16.00-17.30	PANEL DISCUSSION A Moderators: Elien Rouw (NDL) Andreja Tekauc Golob (SLO) Inflammatory breast diseases - Pamela Douglas (AUS) - Anne Eglash (USA) - Monica Pina (POR)	
17.40-19.00	Break (tour of Old town)	
20.00	Conference dinner	

Saturday, 13th May

Hotel Radisson Blu

8.00-9.00 Breakfast with the experts

PLENARY ROOM

BREAKOUT ROOM

9.00-10.45	Session 1: BFHI and COVID-19	
	Moderators: Irena Zakarija-Grković (CRO) Reet Raukas (EST)	
9.00-9.45	Maria Teresa Hernandez Aguilar (SPA)	The effect of COVID-19 on BFHI good practices of perinatal care
9.45-10.15	Anita Pavicic Bosnjak (CRO)	Breastfeeding supportive practices in neonatal intensive care units during COVID-19
10.15-10.45	Vasiliki Benetou (GRE)	Lessons learned during the pandemic
10.45-11.15	Morning tea	
11.15-13.00	Session 2: Breastfeeding support	
	Moderators: Monica Pina (POR) Andreja Tekauc Golob (SLO)	
11.15-12.00	Jack Newman (CAN)	Numbers "on demand": how numbers and breastfeeding do not work
12.00-12.30	Irena Zakarija-Grkovic (CRO)	Breastfeeding support in the hospital - Croatia's experience
12.30-13.00	Michal Mansovsky (ISR)	Physicians supporting physicians: virtual consultations
13.00-14.00	Lunch and posters; 'WBTi European Coordinators Meeting'	
14.00-15.30	Concurrent sessions	
	Moderators: Adriano Cattaneo (ITA) Michal Manasovsky (ISR)	Moderators: Anita Pavičić Bošnjak (CRO) Reet Raukas (EST)
	Session A	Session B
	Economics and inequalities of breastfeeding	Short oral presentations
	Julie Smith (AUS)	Gabriella Tambascia (ITA)
	Breastfeeding economics & 'lost milk': how counting breastfeeding in GDP might progress gender equity	Knowledge, Attitudes and Practices on Breastfeeding and the first one thousand days of life among social and healthcare professionals
		Keiko Nanishi (JPN)
		Questioning the usefulness of 24-hour recall of exclusive breastfeeding
	Helen Gray (UK)	Emanuelle Pessa Valente (ITA)
	Infant and Young Child Feeding in Emergencies in Europe: Protecting the most vulnerable	Facility-based maternal and newborn care during the COVID-19 pandemic: IMAGINE EURO Study findings on breastfeeding practices in 12 countries
		May Loong Tan (MYS)
		Identifying indicators of a breastfeeding-friendly city: A Delphi survey
	Monica Pina (POR)	Karin Cadwell (USA)
	Health Equity and Breastfeeding	Considering the Environmental Impact of Powdered Baby Formula in Planetary and Population Health Policy
		Eline Tommelein (BEL)
		Breastfeeding mothers undergoing a (surgical) procedure: health care providers' advice and experienced practices by mothers.
15.30 - 16.00	Afternoon tea	
16.00-17.30	PANEL DISCUSSION B	
	Marketing strategies and counterstrategies	
	Moderators: Utta Reich-Schottky (GER) Irena Zakarija-Grković (CRO)	
16.00-16.20	Melissa Mialon (FRA)	The political influence of the baby food industry and the role of conflicts of interests
16.20-16.40	Nigel Rollins (SWI)	Marketing of breast milk substitutes: how to capture parents, communities, science and policy
16.40-16.55	Adriano Cattaneo (ITA)	The state of the Code and the EU regulations in Europe
16.55-17.15	Questions (previously submitted and/or extemporary) and answers	
17.15-17.30	Final remarks by Melissa Mialon, Nigel Rollins and Adriano Cattaneo	
17.30-18.00	Conference Closure and Farewell	